

Harrow Lodge Primary School

PE 70 Word Key Vocabulary



	EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
1	jog	warmup	overarm	pulse	landing	stamina	performance
2	sidesteps	aim	underarm	control	speed	sequence	unopposed
3	skip	catch	sprint	dribble	tackle	routine	release
4	backwards	jump	roll	possession	mirroring	display	tactics
5	walk	run	balance	score	relay	counter-balance	intercept
6	freeze	roll	bounce	point	attack	fitness	technique
7	hop	safely	passing	equipment	health	position	skill
8	target	slow	travel	symmetrical	team work	accuracy	reaction
9	throw	in pairs	team	evaluate	progression	measure	match
10	space	group	distance	improve	competition	defend	repeat